

Your Benefit Resources

For details about specific plan benefits and network providers, contact:

<p>Cigna</p> <ul style="list-style-type: none"> • Point-of-Service Plan (POS) • Open Access Plus Plan (OAP) • Cigna Choice with Health Reimbursement Arrangement (HRA) • Cigna Medicare Surround Plan (includes vision coverage) 	<p>myCigna.com</p>	<p>1-800-244-6224</p>
<p>Cigna Rx Medicare (PDP) Prescription coverage for Medicare-eligible retirees.</p>	<p>CignaMedicare.com/group/MAresources</p>	<p>1-800-558-9562</p>
<p>Davis Vision Routine eye exams & glasses for pre-65 retirees.</p>	<p>davisvision.com</p>	<p>1-800-999-5431</p>
<p>Delta Dental Routine dental care for all retirees enrolled in the plan.</p>	<p>deltadentalva.com</p>	<p>1-800-237-6060</p>
<p>Express Scripts Local retail & mail-order prescriptions for pre-65 retirees.</p>	<p>express-scripts.com</p>	<p>1-800-282-2881</p>
<p>Flexible Benefits Administrators (FBA) Retiree Billing Service for Health Plan premiums.</p>	<p>flex-admin.com</p>	<p>1-800-437-3539</p>
<p>MissionSquare Retirement Retirees with an active 457(b) Deferred Compensation or IRA Roth Plan accounts. Questions about Required Minimum Distributions (RMD).</p>	<p>missionsq.org</p> <p><i>Did you know that MissionSquare offers a variety of online and interactive financial tools?</i></p>	<p>1-800-669-7400</p>
<p>Securian Financial Group Term Life Insurance</p>	<p>Optional Group Life Insurance Program Features Virginia Retirement System (varetire.org)</p>	<p>1-800-441-2258</p>
<p>Social Security Administration Medicare enrollment, Social Security retirement & disability benefits.</p>	<p>ssa.gov</p>	<p>1-800-772-1213</p>
<p>Virginia Retirement System (VRS) Pension plan benefits.</p>	<p>varetire.org</p>	<p>1-888-827-3847</p>

Cigna Onsite Care Advocate

Questions about your Cigna benefits or how a claim was paid? If so, contact your Cigna Care Advocate for inquiries and to schedule an appointment.

lcg.inquiries@cigna.com