Inova Extended COVID-19 Care Clinics – Patient Referrals

Eligibility criteria for Inova’s Extended COVID-19 Care Clinics:

- Patients with known risk factors that predispose them to developing severe disease

  **AND**

- Stable patients who are not currently hospitalized, have a new oxygen requirement, or increased oxygen requirement above their baseline.

Services Offered at the Inova Extended COVID-19 Care Clinics:

- Telemedicine assessments
- Monoclonal antibody infusions or other therapies
- On-site, in-person evaluations and supportive care

Eligibility for Monoclonal Antibody Infusion:

Patients **eligible** for monoclonal antibody infusion must:

- Have a positive COVID-19 test (PCR or antigen-based) and have experienced symptom onset within the past 10 days

  **AND**

- Be at high risk for hospitalization or severe illness (see criteria below)

**Adults, age 18 and up, > 40 kg, with one or more of the following:**

- BMI ≥ 35
- Diabetes
- Chronic Kidney Disease
- Immunosuppressive disease or on immunosuppressive medication
- Age ≥ 65
- Age ≥ 55 with cardiovascular disease, HTN, or COPD or other chronic lung disease

**Children age 12-17, > 40 kg, with one or more of the following:**

- BMI ≥ 85th percentile
- Sickle cell disease
- Congenital/acquired heart disease
- Neurodevelopmental disorder
- Medical related technological dependence such as tracheostomy, PEG, or positive pressure ventilation
- Asthma or other lung disease that requires controller meds
How to Refer a Qualifying Patient:

**Step 1:** Determine if your patient meets the qualifying criteria above

**Step 2:** Help your patient obtain a pulse oximeter, available at each Inova ER and Inova Urgent Care center

**Step 3:** Complete the referral order

For Inova ER, Inova Primary Care, Inova Urgent Care Providers:

Search Epic for *Ambulatory Referral to Extended COVID-19 Care Clinic Assessment*
**Step 4:**

**For Inova Epic Users:**

Use Smart Phrase “.COVIDCLINICINSTRUCTIONS” for after visit summary.

You have been referred to the Inova Extended COVID-19 Care Clinic. You will receive a call from a scheduling representative shortly or feel free to reach out directly at 571-472-4502 to schedule your telemedicine assessment with an Inova provider.

A provider will assess your condition and make further recommendations with regard to your care. The provider will:

- Assess to see if you are clinically eligible for monoclonal antibody therapy and arrange for an infusion if it is available and you qualify and consent to the treatment
- Arrange an in-person evaluation at one of our clinic sites or direct you to the emergency room if needed
- Continue your treatment until you are stable enough to return back to the care of your primary care physician.

If you were given an oxygen pulse oximeter or already have one at home, check your oxygen levels at least twice a day as well as if you develop worsening or the onset of shortness of breath. Review those readings with your provider during your telemedicine visit. If your oxygen saturation remains higher than 90%, you can continue to self-monitor and discuss any changes to your care plan during your next follow up visit. **If your oxygen level drops below 90%, go to the emergency room as soon as possible.**

If at any point you develop severe chest pain, severe shortness of breath, confusion or any other concerning symptom that warrants immediate evaluation, please go the nearest emergency room for an assessment.

**NOTE: For Community Providers without access to Inova’s Epic System:**

Please fill out the referral form available here: [inova.org/COVIDCLINIC](https://inova.org/COVIDCLINIC)

Once you place the referral order, your patient can schedule a telemedicine appointment by calling **571-472-4502**. An Inova provider will complete the patient assessment, evaluate the patient’s eligibility for a monoclonal antibody infusion, and if needed, schedule qualifying patients at an Inova’s Extended COVID-19 Care Clinic. Patient follow-up will continue until patient is ready for routine primary care follow-up.

**For any questions or concerns, please contact:**
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