Asymptomatic testing:

The Loudoun County Task Force is aware of the confusion regarding the best use and timing of COVID-19 testing if you DO NOT have any symptoms.

The recent statement by the CDC on this topic was interpreted in different ways by physicians, non-physicians, politicians, etc.

Current testing recommendations are available from the CDC at https://www.cdc.gov/coronavirus/2019-ncov/hcp/testing-overview.html.

Here is a summary of your local trusted Infectious disease experts, healthcare practitioners, Virginia Department of Health and Government officials:

The CDC states “If you do not have COVID-19 symptoms and have not been in close contact with someone known to have a COVID-19 infection you do not need a test.” There continues to be a nationwide shortage of testing material. Results from PCR testing can take anywhere from 2 to 14 days. In light of this, we agree that mass testing of asymptomatic persons who have no known contact and are not in a high risk group is generally not necessary. This does not apply to routine screening or surveillance testing at work, school, or similar situations.

That said, a KNOWN contact of a person with COVID 19, as determined by the Virginia Department of Health, should be tested, if supplies are available, on day 5-7 after exposure. A negative test does not provide absolute assurance that you may end quarantine. We recommend continued avoidance of all high risk individuals for 14 days after your last known contact with the positive case.